

SKI TRIP EQUIPMENT LIST ESSENTIALS

- SKI JACKET
- SALOPETTES
- BASE LAYERS – E.G. LONG SLEEVE T-SHIRTS, FLEECE JUMPERS, SWEAT SHIRTS
- LEGGINGS OR LONG JOHN THERMALS
- LONG SKI SOCKS (3 PAIRS SHOULD BE ENOUGH)
- SKI GLOVES OR MITTENS
- GOGGLES
- SUN GLASSES
- NECK WARMER
- FLEECE GLOVES AND HAT – FOR EVENINGS
- SUN CREAM HIGH FACTOR
- TOWEL – THE HOTEL DOES NOT PROVIDE THESE
- EVENING WEAR – JEANS & T SHIRTS ETC.
- SENSIBLE FOOTWEAR FOR INDOORS & OUT – WEAR HEAVIEST PAIR TO TRAVEL IN

UNDERWEAR (2 SETS PER DAY WOULD BE REASONABLE)

SKIS/BOOTS/POLES/HELMETS ARE ALL PROVIDED